

CMS Transition Program- Community Living 1 Course

CREDIT HOURS: 1

COURSE NUMBER: Community Living 4x4	9240AX0005
Community Living A/B	9240AX0805
Community Living Lab 4x4	9240AX00L5
Community Living Lab A/B	9240AX08L5

COURSE TITLE: Community Living 1

COURSE DESCRIPTION: Students need to learn how to function as independently as possible in the community. This includes various community environments such as the school building, the community surrounding the school, and the community in which students live. Students will participate in hands on activities both on and off campus to learn how to fully engage in their community.

COURSE RATIONALE: After graduation from high school, students will be fully integrated into the community and will need to be able to access various services and activities. It is important for students to understand all that is available to them in their community and how to access it.

COURSE OBJECTIVES:

- Identify various places in the community for shopping, recreation, and personal/medical needs
- Participate in a variety of community experiences

INSTRUCTIONAL METHODS: This course will include a combination of direct teaching, learning activities, and field experience.

ILLUSTRATIVE METHODS FOR EVALUATING STUDENT PERFORMANCE: Students will participate in lessons, activities and field experience based on their ability. Each student has their own Community Living 1 Evidence Workbook and can be evaluated through their participation and experience. Participation and work completion will vary by student.

GRADING SCALE:

A- Responds independently, requires little to no prompting, exhibits extraordinary effort, making steady progress on IEP goals and classroom tasks.

B- Requires prompting and reminders, needs repeated opportunities, making steady progress on IEP goals and classroom tasks.

C- Requires ongoing support to gain answers, needs multiple opportunities over a number of days, making variable progress on IEP goals and classroom tasks.

COURSE RULES:

1. Attend class on a regular basis
2. Be attentive to your instructor and peers

Community Living 1- Syllabus

3. Be an active participant
4. Complete assignments on time

DIVERSITY: Everyone is expected to be respectful of others. Diversity in all areas (including differences of opinion) will be honored during class and class discussions..

ENRICHMENT: Parents and community workers are encouraged to further practice skills with students in the home and in community settings to enhance overall student learning.

COURSE CALENDAR:

Week	Topic	Key Points	Assignments
1	Introduction to Community	<ul style="list-style-type: none"> ● How to act in various community environments ● Follow certain social norms in school and in the community ● Important places in the community 	<ul style="list-style-type: none"> ● Activity 1.1.1- Social Skills role play practice ● Activity 1.2.1- Important Places Quiz ● Activity 1.2.2- Sorting Activity
2	Parks and Recreation-Therapeutic Recreation	<ul style="list-style-type: none"> ● What does Therapeutic Recreation offer? ● How do we find activities offered through Therapeutic Recreation? ● Which facilities are closest to my school? My home? 	<ul style="list-style-type: none"> ● Activity 2.1.1- Therapeutic Rec Vocabulary Sort and Match ● Activity 2.1.2- Therapeutic Rec Interest Inventory
3	Parks and Recreation-Parks and Facilities	<ul style="list-style-type: none"> ● What parks and facilities are available in my community? ● Discuss the facility that the class will visit. ● What will the class need for this trip? 	<ul style="list-style-type: none"> ● Activity 3.1.1- Parks and Rec Bingo ● Activity 3.1.2- What Do I Bring to the Park? ● Activity 3.1.3- Scavenger Hunt
4	Other Recreation Facilities	<ul style="list-style-type: none"> ● Aside from Parks and Recreation, there are other recreation opportunities that cost money ● What options are available in our community? ● How do I choose a facility or program that meets my needs? 	<ul style="list-style-type: none"> ● Activity 4.1.1- Cost of Recreation Activities ● Activity 4.1.2- Other Recreation Interest Activity ● Activity 4.1.3- Poster/Collage
5	Using the Library	<ul style="list-style-type: none"> ● What's available in the library? ● Different types of libraries ● How to get a library card ● How to find what you need ● Programs available through the library 	<ul style="list-style-type: none"> ● Activity 5.1.1- Library Task Analysis ● Activity 5.1.2- Social Skills Game ● Activity 5.1.3- Library Quiz ● Activity 5.1.4- Explore Library Website

Community Living 1- Syllabus



6	Visiting the Library	<ul style="list-style-type: none"> • What's available in the library? • Different types of libraries • How to get a library card • How to find what you need • Programs available through the library 	<ul style="list-style-type: none"> • Activity 6.1.1- Library Scavenger Hunt • Activity 6.1.2- Library Visit Survey
7	Movie Theater	<ul style="list-style-type: none"> • Schedules and ratings • Purchasing tickets • Procedures in the theater 	<ul style="list-style-type: none"> • Activity 7.1.1A- Schedule Worksheet and 7.1.1B- Movie Schedule • Activity 7.1.2- Movie Theater Task Analysis • Activity 7.1.3- Movie Theater Quiz
8	Bowling	<ul style="list-style-type: none"> • Procedures • Cost of games and shoe rental • Adaptive equipment and methods 	<ul style="list-style-type: none"> • Activity 8.1.1- Not Part of Bowling Cards • Activity 8.1.2A or 8.1.2B- Bowling Planning Sheet
9	Shopping	<ul style="list-style-type: none"> • Types of stores: grocery, department, big box, membership stores, specialty, home improvement, sporting goods, consignment, thrift, outlet 	<ul style="list-style-type: none"> • Activity 9.2.1- Types of Stores Worksheet • Activity 9.3.1-Clothing vs Grocery Quiz
10	Grocery Shopping	<ul style="list-style-type: none"> • Different types of grocery stores (chain, specialty, farmers market, discount) • Sections of a grocery store • Grocery list, coupons • Procedures (list, cart, checkout line) 	<ul style="list-style-type: none"> • Activity 10.1.1-Grocery Task Analysis • Activity 10.1.2-Grocery Role Play • Activity 10.1.3-Grocery Store Quiz • Activity 10.2.1-Grocery Scavenger Hunt
11	Shopping- Department Store/Mall	<ul style="list-style-type: none"> • Departments • Food Court • Mall 	<ul style="list-style-type: none"> • Activity 11.1.1- Department Store Step by Step • Activity 11.1.2- Department Store Social Skills • Activity 11.1.3- Department Store Quiz • Activity 11.1.4- Mall Scavenger Hunt • Activity 11.1.5- Department Store Scavenger Hunt
12	Hairdresser/Barber	<ul style="list-style-type: none"> • Types of places to get a haircut/style • Procedures • Manners/expectations 	<ul style="list-style-type: none"> • Activity 12.1.1- Barber Task Analysis • Activity 12.1.2- Hairdresser Quiz

Community Living 1- Syllabus



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13	Spa and Salon Services	<ul style="list-style-type: none"> ● Manicures/pedicures ● Massage ● Facials ● Spa 	<ul style="list-style-type: none"> ● Activity 13.1.1- Nail Salon Prices ● Activity 13.1.2- Spa Services Interest Inventory
14	Laundromat/Dry Cleaning	<ul style="list-style-type: none"> ● Why would you go to a laundromat/dry cleaner ● Procedures of doing the laundry 	<ul style="list-style-type: none"> ● Activity 14.1.1- Laundromat Step by Step ● Activity 14.1.2- Laundromat Social Skills ● Activity 14.1.3- Laundromat Quiz ● Activity 14.2.1- Labels ● Activity 14.2.2- Packaging
15	Medical Needs: Doctor	<ul style="list-style-type: none"> ● Wellness vs sick visit ● Procedures/ what to expect ● Appointments 	<ul style="list-style-type: none"> ● Activity 15.2.1- Visiting the Doctor Quiz ● Activity 15.2.2- Visiting the Doctor Fill in Blank ● Activity 15.2.3- Vocabulary Match ● Activity 15.2.4- My Medical Chart ● Activity 15.2.5- Doctor's Office Role Play ● Activity 15.2.5A- Role Cards ● Activity 15.2.5B- Doctor Forms ● Activity 15.2.5C- Reasons for Visiting Doctor
16	Medical Needs: Dentist	<ul style="list-style-type: none"> ● Regular Cleanings ● Special Work ● Procedures 	<ul style="list-style-type: none"> ● Activity 16.1.1- Dentist Words ● Activity 16.1.1- Steps to Brush Teeth
17	Medical Needs: Eye Doctor	<ul style="list-style-type: none"> ● What to expect when going to the eye doctor ● Procedures at the eye doctor 	<ul style="list-style-type: none"> ● Activity 17.1.1- Eye Doctor Role Play ● Activity 17.1.2- Decorating Eyeglasses
18	Medical Needs: Hospitalization	<ul style="list-style-type: none"> ● What is considered a medical emergency? ● Visiting someone in the hospital (social skills, what to expect) 	<ul style="list-style-type: none"> ● Activity 18.1.1- Visiting the Hospital cards ● Activity 18.1.2- What to say